Jomsom Muktinath Tour

Description

The Jomsom Muktinath trek is a popular trek in the Annapurna region of Nepal that takes trekkers to the sacred Muktinath Temple, located at an altitude of 3,800 meters.
The tour starts in Kathmandu, the capital of Nepal, where you will have the chance to explore the rich culture and history of the city, visiting famous temples and landmarks.

From Kathmandu, you will take a flight to Pokhara, a picturesque city known for its beautiful lakes and panoramic mountain views.
From Pokhara, trekkers head to Jomsom, the starting point of the tour, and then Drive to the Muktinath Temple, passing through the Kali Gandaki Gorge and traditional Mustang villages.
Along the way, trekkers have the opportunity to explore the local culture and traditions of the Mustang region, as well as to see some of the most iconic peaks in the Himalayas.
After visiting the Muktinath Temple, trekkers return to Pokhara and then to Kathmandu. The tour also includes a visit to Bandipur, a charming hill-town known for its well-preserved traditional Newari architecture.

Highlights

- The Muktinath Temple, a sacred pilgrimage site for Hindus and Buddhists.
- Thorong La Pass, the highest point of the trek with stunning views of Annapurna and Dhaulagiri.
- Kali Gandaki Gorge, the deepest gorge in the world with spectacular mountain scenery.
- Local culture and traditions of the Mustang region.
- Diverse landscapes including high-altitude deserts, lush forests, snow-capped mountains, and deep gorges with iconic peaks.
- Combination of High mountain and Village lifestyle

Itinerary

Days	Description	Altitude	Hours
01	Arrival in Kathmandu	1,350 meters	
02	Sightseeing Kathmandu	1,350 meters	
03	Drive to Pokhara	830 meters	35 minutes flight / 7-8 hours Drive
04	Flight from Pokhara to Jomsom and trek to Kagbeni	2,804 meters	3-4 hours
05	Trek from Kagbeni to Muktinath	3,800 meters	
06	Trek from Muktinath to Jomsom	2,713 meters	
07	Flight from Jomsom to Pokhara	850 meters	

Days	Description	Altitude	Hours
08	Drive/ Fly from Pokhara to Kathmandu	1,380 meters	
09	Departure to airport		

Detailed Itinerary

Day 01: Arrival in Kathmandu (1350m)

Welcome to Nepal, on your arrival at TIA our Precious Adventures representative will pick you up at the airport. The representative will transfer you to the hotel where you will stay. After your long and tiring journey to Nepal, you can either relax in your room or perhaps explore the local vicinity and be fascinated by the diverse culture of Nepal. In the evening you are cordially invited for a complimentary dinner where you meet with your trek guide and they will further provide detailed information about the trip. For dinner, you will have staple Nepali food which includes rice, daal, and vegetable along with meat depending on your choice.

Day 02: Sightseeing Kathmandu

Today we drive around Kathmandu for sightseeing and visit two of the UNESCO world heritage sites in Kathmandu. Boudhanath stupa holds a prominent place among Buddhist people. A stupa is a hemispherical shaped structure or mound which is prominent in Buddhism. Though the Boudhanath stupa is bustling with day-to-day activities, the atmosphere around here is rather tranquil.

Pashupatinath temple is one of the most sacred and significant Hindu temples in the world. The temple is dedicated to Lord Pashupatinath, who is an incarnation of Lord Shiva. While visiting the temple we can see some Hindu rituals and ceremonies taking place. Both religious places are beacons of diverse religions, cultures, and history. For lunch, we have local delicious cuisine, a hallmark of Nepali traditional food. Walking around these monuments brings about a beautiful impression of the tradition, culture, city life, and customs of Nepal. The choice is yours to make. Overnight in Kathmandu.

Day 03: Drive to Pokhara (850 m), 7-8 hours

On this day we take a short 35 minutes flight or a 7-8 hours ride to Pokhara. The distance from Kathmandu to Pokhara is approximately 200 kilometers, and the drive typically takes about 6-7 hours by car. Even though Pokhara is regarded as the tourist capital of Nepal, the city is known for its natural beauty with stunning views of the Himalayas and peaceful lakes. To get to Pokhara from Kathmandu, you would need to take the Prithvi Highway, which is the main road that connects the two cities. The highway passes through several towns and villages, and there are several points of interest along the way, including the Nagarkot Hill Station and the Chitwan National Park.

Day 04: Flight from Pokhara to Jomsom (2,715 m) and trek to Kagbeni (2804 m)

On the 4th day embarks our journey by taking a short flight to Jomsom, and trekking to Kagbeni. From the flight, we have scenic views of the Dhaulagiri and Annapurna ranges. Jomsom is the starting point of our today's short trek. it is also known as an administrative center of the Mustang District. After crossing the wooden bridge and walking through the Kali Gandaki windy valley, we arrive at Eklebhatti where we have lunch. Along the way, we see the splendid Dhaulagiri and Nilgiri mountains. Ammonite fossils are also found in the riverbed of Kali Gandaki. we continue our trek to Kagbeni. It is an old village located on the bank of the Kali Gandaki river. We will visit the Kagbeni gumba and the nearby temple and known as a holy place for Hindus. The village also serves as the gateway to Upper Mustang, a restricted area in Nepal. It is known for its pristine natural beauty and ancient Tibetan culture. Overnight at Kagbeni.

Day 05: Trek from Kagbeni to Muktinath, (3800 m)

On this day we begin our journey after finishing breakfast. Kagbeni is also known as the entrance of the Upper Mustang. The trail gradually ascends till we reach Jarkot and finally reach Muktinath. Kagbeni is also known as the main entrance of the Upper mustang. From here, the trail ascends to Jarkot and finally reaches Muktinath. Muktinath is the main destination of this trek where we visit the holy temple of Muktinath and stay overnight at the lodge.

Day 06: Trek from Muktinath(3,800m) to Jomsom(2,713m)

Today marks the final trek of our entire Upper Mustang trek. We will have breakfast and following breakfast, we start walking from Muktinath to Jomsom via Lupra. Lupra is a small Thakali village residing to the west of Muktinath. We have lunch in Lupra, Bon Monastery, also known as the Bonpo Gompa is one of the places that we see. The oldest walnut tree is in Lubra, which dates back to the 16th century. We pass through a windy valley so make sure you pack accordingly. From the trail, we can observe some great views of the Dhaulagiri and Nilgiri. From Lupra we make our way back to Jomsom. Overnight at Jomsom.

Day 07: Flight from Jomsom (2,713 m) to Pokhara(850 m)

Today we leave the Upper mustang trek and go to Pokhara from Jomsom. After arriving at Pokhara, we will visit Phewa lake and enjoy the lake view and mountain. If you wish, you can go by cable car to Sarangkot for sunset. From the flight, we witness the magnificent scenery of Mt. Dhaulagiri and Annapurna range. We stay at a hotel in Pokhara.

Day 08: Drive/ Fly from Pokhara (850 m) to Kathmandu(1350 m)

Today we take a scenic ride following the Trishuli River. We travel on the Prithvi Highway and along the way, enjoy the beauty of the Nepali countryside. For the last time catch the captivating views of mountains,

including Ganesh and Manaslu peaks along the way. After arriving in Kathmandu, you'll be transferred to your hotel room. Overnight at Kathmandu.

Day 09: Departure to airport

On your last day here our representatives will drop you off at TIA with the hope that you enjoyed the experience with us, we bid you goodbye. We will be looking forward to more precious adventures together. Have a safe journey.