Leh Changtang Valley Tour

Description

The Leh and Changtang Valley Tour is a popular travel itinerary that takes visitors through the beautiful and rugged landscapes of the ladakh region in northern india. the tour typically includes stops in the ancient city of leh, as well as visits to the changtang valley and its many nomadic communities.

Tour activities may include trekking, camping, wildlife watching, and cultural experiences such as visiting monasteries and temples. visitors should be prepared for high altitudes and cold temperatures, and it is recommended to acclimatize before embarking on any strenuous activities.

Highlights

- Visiting the historic and cultural city of Leh. Exploring the remote and rugged Changtang valley.
- Viewing the stunning landscape of the Himalayan mountains. Visiting the Tso Kar and Tso Moriri lakes.
- Camping under the star-studded sky in the wilderness. Witnessing the diverse flora and fauna of the region.
- Visiting monasteries and gompas such as the Hemis Monastery. Enjoying traditional Ladakhi cuisine and hospitality.

Itinerary

Days	Description	Altitude	Hours
01	Flight to Delhi	300 meters	
02	Flight to Leh	3,524 meters	1.25 minutes
03	Indus valley monasteries, Shey, Thiksey and Hemis	3,600 meters	150 km Drive
04	Drive from Leh - Basgo - caves of Saspol – Alchi(the most famous and oldest monastery)	3,100 meters	150 km Drive
05	Drive from Monasteries of Alchi to Lamayuru	3,510 meters	150 km Drive
06	Hike from Lamayuru to Wanla via Prinki tila	3,260 meters	
07	Drive from Wanla-phyang Monastery to Leh	3,500 meters	150 km Drive
08	Drive from Leh to Khardung la to Nubra valley	5,359 meters	150 km Drive
09	Drive from Nubra valley: sumur - Diskit monastery and back to Hunder	3,082 meters	150 km Drive
10	Drive from Shyok gorge to Takthok monastery and Sakti	3,900 meters	150 km Drive

Days	Description	Altitude	Hours
11	Drive from Takthok to Lake tso moriri	4,522 meters	150 km Drive
12	Drive from Lake tso moriri to Lake tso kar	4,530 meters	150 km Drive
13	Drive from Lake tso kar to Leh	3,524 meters	150 km Drive
14	Drive from Leh - Delhi and sightseeing in Dehli		2,000 km Drive

Detailed Itinerary