Pikey Peak Trek

Description

In this modern world, individuals believe they are far away from nature. Pikey Peak Trek is just a day away from the capital and is a lifetime experience trek. You can breathe in the fresh mountain air, witness the red-painted rhododendrons, and enjoy the breathtaking vistas of the Himalayas. Pikey Peak Trek is a lesser-known but beautiful trek in the Everest Region that offers panoramic views of the Himalayas in Nepal.

Peaky Peak trek takes around 8-10 days to complete depending on the pace and the trails taken. The trek difficulty can be graded as moderate difficulty trek, which is ideal for beginners and veteran trekkers. In addition, this trek is relatively easy and suitable for both family treks as well as visitors with limited time. The best season for Pikey Peak trekking is from March to May and from September to December.

Nepal is home to 8 out of the 14 eight-thousanders in the world, located on the lap of the Himalayas. Pikey Peak is an exceptional place in lower Solukhumbu, which boasts a grand view of 7 out of them from a single spot. Naturally, it also provides its guests with a peep into its unique cultural lifestyle.

The trek begins with a jeep ride from Kathmandu (100m) to Dhap (2800m). Then, you hit the trails, heading to the village of Khamding. A well-maintained trail with lodges lining leads you to Jhapre, home to a quaint gompa. From Jhapre, the Pikey Base Camp is only a short but steep climb up. At Pikey Base Camp you will meet a historic person locally known as "Tungna Baje" who plays a Himalayan folk musical instrument. You may have the opportunity to meet and enjoy his musical melody.

Next on your itinerary is the Pikey Dada, from where you will see the glorious vistas you came in search of. From Kanchenjunga to the east and Annapurna to the west, you will watch the amber sunbathe the mountains in its ambient light.

The journey back home begins with a descent to Loding village. It is a charming village home to the diverse culture of the Sherpa, Magar, and Newar communities. Then, it’s off to Junbesi village. Junbesi village sometimes hosts the Dumji festival between April and May. A picturesque stupa, similar in structure to Boudhanath, is the place's key attraction. The next attraction is a village named Thupten Chholing monastery, also called nun and monks village, where more than 500 Tibetan refugee monks and nuns reside. Later on, while on our adventure at Chiwang monastery once a year around the first week of November, a religious festival called "Manirimdu" is celebrated.

Pikey Peak Trek offers the clear mountain air and lush wilderness you would expect from the Himalayas, seamlessly showcasing Nepal's vibrant diversity. Due to altitude gain, it is important to acclimatize properly before starting the trek and to be prepared for changing weather conditions. Trekking with a guide is recommended as they can provide valuable information about the route and the local culture and ensure a safe and successful trek.

Highlights

- View seven out of the eight-thousanders of Nepal up close from a single spot with a 3600 view of the Himalayan Range
- Thupten Choling Monastery, where you can break a bed with Buddhist monks and nuns and live in their shoes for a day or two.
- View the highs of the Himalayas and the lows of the deep Khumbu valleys in Pattale.
- Be a part of the spiritual tradition of the region, visiting and offering prayers in the many stupas and gompas of the region.
- Tour verdant forests, alpine scrubs, and rocky tundra in as short as three days.

Itinerary

Days	Description	Altitude	Hours
01	Welcome to Kathmandu	1,380 meters	
02	Drive to Dhap	2,850 meters	9-10 hours
03	Trek to Jhapre	2,920 meters	5-6 hours
04	Trek to Pikey BC (3640m) via Bulbule(3400m) & Pangsing	4,065 meters	7-8 hours
05	Trek to Loding via Jasmane bhanjyang	3,549 meters	5-6 hours
06	Trek to Junbesi	2,680 meters	5-6 hours
07	Trek to Thupten Chholing Monastery	3,400 meters	2-3 hour
08	Explore day in Thupten Chholing Monastery		
09	Trek to Phurtang / Ringmo	2,794 meters	5-6 hours
10	Phurtang (3000m) to Ringmo, then to Phaplu	2,413 meters	5-6 hours
11	Fly/Drive to Kathmandu		Flight 25 minutes Drive 9-10 hours
12	Final Departure		

Detailed Itinerary

Day 1: Welcome to Kathmandu, (1,380 m)

On your arrival at the TIA, you will be greeted and guided to the designated hotel by one of our Precious Adventures representatives. He/ She will give short information about the Time zone, room, money exchange, and welcome dinner. Later you will be visiting one of the finest restaurants for a complimentary welcome dinner. You will be informed in short about the summary of your tour.

Day 2: Drive to Dhap, (2,850 m), 9-10 hours

Today you'll begin the day with an early morning drive from Kathmandu to Dhap. During the long ride, you drive along the banks of the Sun Koshi river; it takes about 7-8 hours to reach Dhap. Traversing through numerous countryside villages, cherishing the views of terraced rice fields, dense forests, and exuberant rivers you finally arrive at Dhap. In the evening you can explore the local Dhap Bazaar and if the skies are clear, do watch out for the surreal mountain view of Nimbur chuli. Overnight stay at local homestay.

Day 3: Trek to Jhapre, (2,920 m), 5-6 hours

On the third day we start our trek from Dhap to Jhapre. After breakfast we begin by walking along a dusty road.the trail offers some really nice views of majestic Everest and Himal. Japre is a village in the Sigane area along the trail. Later we can visit the monastery and Stupa and check out the view point north of the village. Today we rest at Jhapre.

Day 4: Trek to Pikey BC (3640m) via Bulbule(3400m) & Pangsing, (4,065 m), 7-8 hours

We have breakfast after which we continue our hike to Pikey base camp via Bulbule and Pangsing. We rest at Bulbhule and have lunch; we can enjoy a picturesque view of the Everest range. The encompassing Himalayan range, some old yak houses, and long mani stone walls are pleasing. Today we explore Stupa, Mani wall, and Nak (yak) cheese factory at Pikey base camp. We will walk straight up before arriving at Pikey base camp. It is a windy up trail. We advise you to keep a wind jacket in your day bag. Meet a legend of Tungna and mouth harmony. Hear the local tale and story of Pikey peak.

Day 5: Trek to Loding via Jasmane Bhanjyang(3549m), 5-6 hours

Today we begin our trek from pikey base camp to Loding via Jamane Bhanjyang. We hike north for about 7-8 hours. The way to Jasmane Bhanjyang from Pikey Peak is filled with beautiful mountain viewpoints; the majestic Himalayas standing around are simply mesmerizing. If the path is fully covered with snow, then at first we head to Pikey Peak and return to base camp. Since the trek begins early in the morning we will take a hot breakfast with us and continue to Jasmane Bhyanjyang via an easier more viable path. Pikey View point situated at a height of 4067m, provides the best view from Kanchanjunga to Dhulagiri including Everest, Lotshe, Nupse, Ganesh Himal, Manaslu, and Annapurna range. The Pikey Peak offers a captivating view of eight of Nepal's eight-thousanders from one place which is a sight to behold. We have lunch at Jusmane Bhanjyang and head down to Loding through a trail surrounded by oak, pine forest. We end the day with a delightful interaction with the native people from Magar, Newar, and Sherpa. Overnight at Loding.

Day 6: Trek to Junbesi, (2,680 m), 5-6 hours

Today we hike towards the east from Loding for certain hours to Junbesei. Junbesi is a Sherpa village standing as an embodiment of the lifestyle, culture, and tradition of the Sherpa people. You can also visit the beautiful stupa outside of Junbesi village. Numerous monasteries can be seen along the way as Buddhism is one of the flourishing religions here. If you're on time, you can get first-hand experience of the Dumji festival. Dumji festival is a prominent festival among local Sherpa residents which is celebrated in the month of July. Agriculture is the main economic activity here, Potatoes, Barley, and Wheat are among the staple food items. Kiwi farms are also really popular here. After arriving in Junbesi, we visit the beautiful Buddhist stupa, a school, and many other places nearby. Tonight we rest at Junbesi.

Day 7: Trek to Thupten Chholing Monastery, (3,400 m), 2-3 hour

Today travel north from Junbesi after 2 hours of trek we reach Thupten Chholing Monastery, a pleasing view of the Numbur range is visible on the way. Prepare for an insightful day ahead as we head toward the monastery which is one of the oldest residences for aani (nuns/ female monks) established by Kyabje Trulshik Rinpoche in the 1960s. We also get a chance to encounter Nuns and monks and participate in daily rituals practiced during the mornings and evenings. Along with meditational practices we also learn about the teaching of Buddhism. Learn more about the story of Tibetan master Thulsik Rinpoche, his life, and his teachings. We will stay overnight in the Monastery Guest House.

Day 8: Explore day in Thupten Chholing Monastery

Get ready for a big day ahead as today you get to witness the best view this trek has to offer. Today we take a short hike from Thupten Chholing Monastery for about 5-6 hours. The view is surreal as the Everest and surrounding mountain range seen are extremely gorgeous from this location. After soaking in the calmness of the Himalayas we head back to rest for another day's odyssey. After returning, we visit the house of the Nun and Monk and gather in groups to talk about Tibetan Refugees and their lifestyle, culture, and traditions.

Day 9: Trek to Phurtang / Ringmo, (2,794 m), 5-6 hours

Our today's journey embarks after breakfast. We trek south to Phurtang. Phurtang viewpoint presents the panoramic scene of Everest, Thamseruk, and Mera. Today we walk through Pine and juniper forests. If lucky you can encounter wild animals like musk deer, black bear, rabbit, etc. The beautiful cozy Sherpa village, its lifestyle, and traditions are some of the interesting things to look ahead in today's journey.

Day 10: Phurtang (3000m) to Ringmo, then to Phaplu

Our last journey in the Solukhumbu valley begins with a jeep drive to Phaplu after breakfast. Passing through villages big and small we arrive at Phaplu. There we visit the local Phaplu Hospital and walk to the small town of Phaplu. Surrounded by petit hills covered in a blanket of bright green forest, the small town of Phaplu truly presents a calming atmosphere to chill and relax. Overnight at Phaplu.

Day 11: Drive back to Kathmandu

From Phalpu it takes about 7-8 hours to drive back to Kathmandu. Depending on the time available you can stroll around Kathmandu city, visit Thamel also known as the tourist hub of the city, or just simply relax in your hotel room.

Day 12: Free day in Kathmandu.

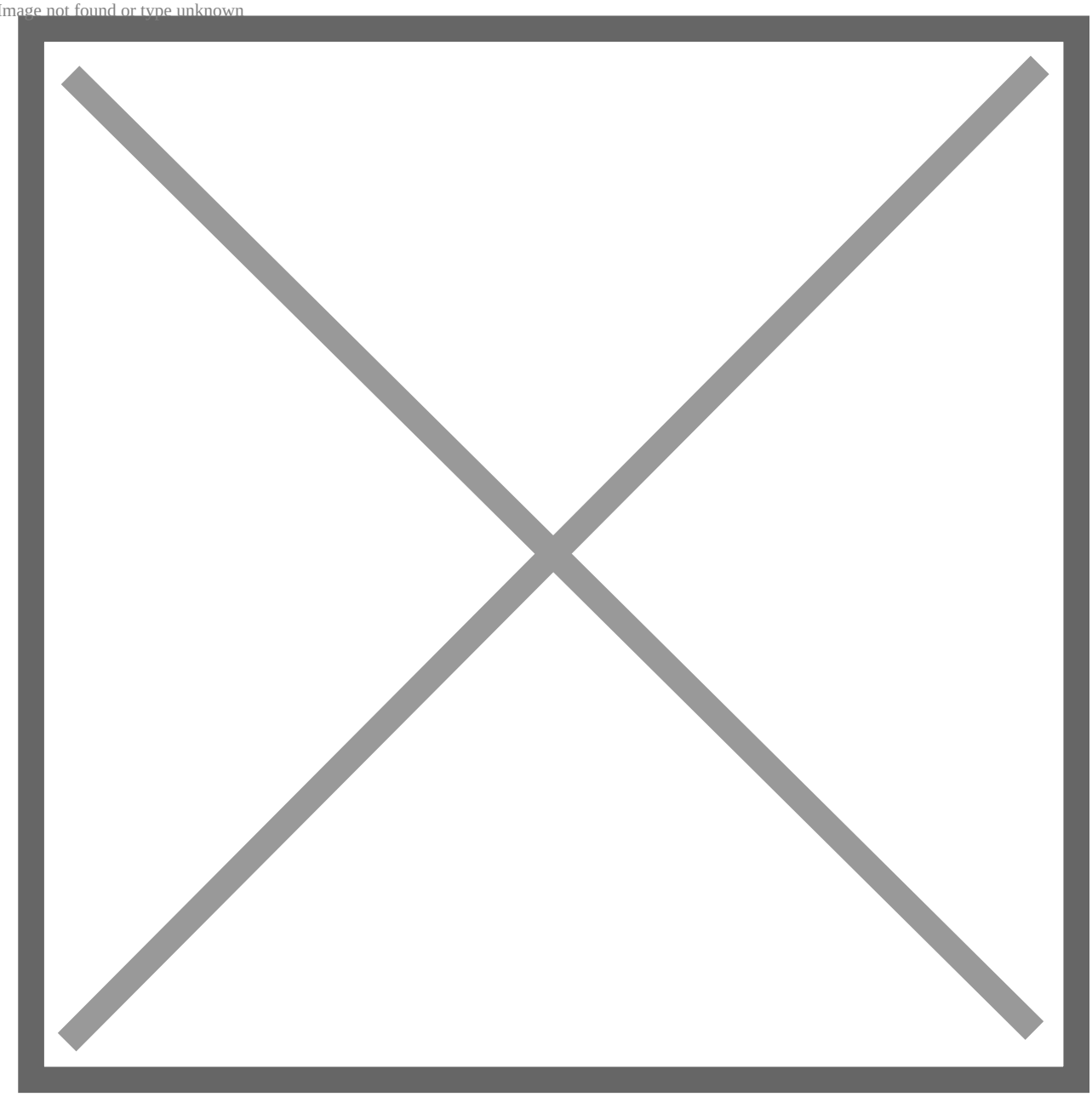
Free day to relax and enjoy, enough time at your disposal today for shopping for souvenirs or perhaps exploring the world heritage sites of Nepal once again before leaving. Witness the traditional craftsmanship in Bhaktapur, a historic city close to Kathmandu and Boudhanath, one of the prominent Buddhist pilgrimage sites. Walking around those cities brings about a beautiful impression of the tradition, culture, city life, and customs of Nepal. The choice is yours to make.

Day 13: Final Departure.

On your last day here our representatives will drop you off at TIA. With the hope that you enjoyed your stay here, we'll be looking forward to another journey together. Have a safe flight home.

Map

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Practical Information

Q. Food and Accommodation
A. The Pikey Peak Trek is an example of the teahouse trek prevalent in this part of the world. The quality of the accommodations depends on your current altitude. As you ascend further, it becomes more basic. Most rooms are shared and have twin beds. Toilets will be of the squat type and may not be provided with toilet paper. Hence carrying a roll might be a good idea. There will not be a great selection of food. Dal Bhat (literally "rice-lentils") is a high-carb diet that provides all the energy needed for the trek and offers a fresh taste for your palettes. Other items on the menu include momo (steamed dumplings with meat or vegetable fillings) and noodles (basically spaghetti).

Q. Best Season for the trek
A. Nepal experiences hot and wet summers (June-September) followed by chilly and dry winters (December-February). The best seasons for this trek are autumn (October-November) and spring

(March-May). The weather is relatively steady during these months, and the temperature is perfect for long walks. No rain clouds obscure the view of the mountains, allowing you to get the most out of the trip. The start of autumn and tail end of spring is also the best time to witness the wilderness teeming with life. Dashain and Tihar festivals in the autumn and Dumji festivals in the spring also add further life to the region.

Q. Trip Category
A. The short duration of the trek and gentle pace with some steep sections contribute to its grade as an easy trek. Although sections of the trail are somewhat steep, they are few and far off that they can be managed easily. You do not need to carry many supplies or camping gear, lightening your load and leaving you free to move at your own pace.

Q. Health and Safety along the trail
A. This is low altitude trek, so you do not need to worry about altitude sickness. In case of a health emergency, rescue operations can be carried out, and the trail is populated enough that you won't be stranded even in the worst scenario. There is no shortage of drinking water along the trail. Although the toilet may be basic, it is hygienic. Hot showers are available for a small fee, and many lodges also offer laundry services.

Q. Mountain Bike and Bike Tour Options
A. Pikey Peak is not only accessible to trekkers but also to mountain bikers. The route you will need to take for a bike tour is different from the one for trekkers, although it is just as pleasant and will still take you to your final destination. The elevation you need to cover means you may have to carry your bike for some sections, but it's all part of the fun and worth it when you reach the top.

Frequently Asked Questions

Q. what is the height of pikey peak?
A. Pikey Peak, also known as Phaikey Himal, is a mountain located in the Solukhumbu district of Nepal. It is a popular trekking destination and the height of Pikey Peak is 4,065 meters (13,325 feet) above sea level.

Q. What is the difficulty of Pikey Peak Trek?
A. Generally speaking, it is considered a moderate trek, as it involves hiking at high altitudes, crossing passes, and navigating steep and rocky terrain. The difficulty of climbing or trekking to Pikey Peak depends on the route taken and the individual's level of fitness and experience.

Q. Which region does Pikey Peak Trek lie in Nepal?
A.

Pikey Peak Trek lies in the Solukhumbu district of Nepal in the Everest Region. Everest Region is a mountainous area located in the northeastern part of the country, and it is home to the world-tallest Mount Everest at 8,849m above sea level.

Q. What is the best time to trek Pikey Peak Trek?
A. The best months for Pikey Peak Trek are from pre-monsoon season, between March and May, and from September to December when the weather is clear and monsoon season has ended. The post-monsoon season, between October and November, can be a good time as well, but it can be colder

and the trail may be wet and muddy.